

Athletic Training

Schuylkill Rehabilitation Center of Pottsville, PA 570-621-9500 is proud to provide athletic training services to Nativity BVM High School.

Our staff of Certified Athletic Trainers (ATC):

Emily Heasley MS, ATC

Eric Tome ATC

Heather Saxton MS, ATC, CPT

Jenn Evans ATC, PTA

Athletic trainers are healthcare professionals who collaborate with physicians. The services provided by athletic trainers comprise prevention, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions. It is important to encourage your student-athlete to notify the athletic trainer of an injury or condition immediately. The athletic trainer will evaluate the injury, determine and implement a plan of care, and recommend further medical attention if necessary. If the student-athlete sees a physician (Emergency Room, family doctor, etc.) they are required to secure a written release from the physician before they will be allowed to return to play. The original release will be maintained in the athletic training room.

Athletic Training Room

The athletic training room is located on the left hand side of the stage in the Nativity BVM High School gymnasium. The athletic trainer will be available:

At 2:00 pm in the athletic training room during regular school days

At all practices

At all home games

At any time by calling Schuylkill Rehabilitation Center at (570-621-9500)

Emergency Data Cards

All student-athletes will be required to fill out an emergency data card prior to the start of their respective sports season. A printable version of the card can be found on this site. The athletic trainer will maintain these cards at all practices and home games and a copy will be placed in the team's medical kit for away contests. It provides all pertinent information needed in case the student-athlete is involved in an emergency situation and the parent/guardian is not present. Please fill out and return the card as soon as possible prior to the start of the sports season.

Special note for parents and guardians

All parents and guardians are encouraged to be actively involved in the care of their child. Feel free to contact the athletic trainer at Nativity BVM High School during the above times or Schuylkill Rehabilitation Center at any time to discuss the student athlete's injury, rehabilitation, return to play guidelines, or any other concerns.