

November 2021 Lunch Menu Nativity B.V.M. High School

Happy Thanksgiving!

\$5.00 Daily Meal Deal:

Includes the day's entrée,
vegetable/fruit, and
Water or 10 oz ice tea
or 8 oz. milk

Daily Meal Deal

Entrée Alternates:

(May change weekly)

Example: PB & J Sandwich
Deli Sandwich/Wrap
Hamburger

Side Options:

Student Meal \$5.00
Alternate Meal \$5.00
Entrée Only Price Varies
Small Drink - .75
Pint Size Drinks - \$1.00
Assorted Chips .75 /1.00
Baked Cookie – .75
Cup of Soup \$2.50
Bowl of Soup \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage Sandwich Mac. Salad, Chips Pudding And a drink	2 Soup & Sandwich Cup of Chicken Noodle Ham or Turkey Sandwich Apple Sauce and a drink	3 Baked Ziti Side salad Rolls, butter Jell-O and a drink	4 Salisbury Steak Mashed Potatoes, gravy, corn Roll, butter Pudding and a drink	5 Cheese / Pepperoni Pizza Chips, Cake And a drink
8 Breaded Chicken Patty On Hamburger Roll tater tots, chilled fruit and a drink	9 Pulled Pork Bar-B-Que With Cole Slaw Pickles, Pudding And a drink	10 Italian or Turkey Hoagie w/Let & Tom, Chips, Apple Slices and a drink	11 Meat Lasagna Side salad Roll and butter Jell-O and a drink	12 Macaroni and Cheese Stewed Tomatoes Roll & butter Ice cream and a drink
15 Hot Dog Pierogies Jell-O And a drink	16 Twin Taco's Meat, let., tom., cheese fruit and a drink	17 Pork Rib-A-Q Sandwich French Fries pudding and a drink	18 Roast Turkey w/Filling mashed potatoes, gravy Cole slaw, cranberry sauce Roll, Ice cream, and a drink	19 French Toast Sticks Sausage Hash brown Fruit and a drink
22 California burger/cheeseburger, Lettuce, tomato Tater tots Jell-O and a drink	23 Meatball Hoagie Pasta salad Pudding And a drink	24 No Lunch Early dismissal	25 HAPPY THANKSGIVING	26 CLOSED
29 CLOSED	30 Wraps; Ital or Turkey Chips, Cole Slaw Cake And a drink	Dec. 1	Dec. 2	Dec. 3

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**DID YOU
KNOW**



Hess's Healthy Fact 4 U!

Most teens need about 8½ to more than 9 hours of sleep each night. Getting the right amount of sleep is essential for anyone who wants to do well on a test or play sports without stumbling. Unfortunately, though, many teens don't get enough sleep. To learn more visit: http://kidshealth.org/teen/food_fitness/wellbeing/how_much_sleep.html